

# Human Nature **200** + $\alpha$

— Human as an organism and animal —

# 人間の本性 **200** + $\alpha$

— 生物、動物としての人間 —



Iwao Otsuka  
大塚いわお

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A horizontal number line with 13 tick marks, labeled 0 through 12. A solid blue circle is placed on the tick mark for the number 3.

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A horizontal number line with 16 square boxes, numbered 0 to 15. A solid blue dot is placed in the box for the number 3.

A horizontal number line with vertical tick marks labeled 0 through 10. A solid blue dot is placed on the tick mark for the number 2.

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A horizontal number line with 13 tick marks, labeled 0 through 12. A solid blue dot is placed on the tick mark for the number 3.

A horizontal number line with 16 equally spaced tick marks, labeled from 0 to 15. A solid blue dot is placed on the tick mark for the number 3.

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A horizontal number line with 11 tick marks labeled 0 through 10. A solid blue dot is placed on the tick mark for the number 3.

A horizontal number line with 11 tick marks labeled 0 through 10. A solid black circle is placed on the tick mark for the number 3.

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A horizontal number line with 11 tick marks labeled 0 through 10. A solid black circle is placed on the tick mark for the number 3.

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A horizontal number line with 11 tick marks labeled 0 through 10. A solid blue circle is placed on the tick mark for the number 3.

A horizontal number line with 16 equally spaced tick marks, labeled from 0 to 15. A solid black dot is placed on the tick mark for the number 3.

A horizontal number line with arrows at both ends, labeled 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10. A solid blue dot is placed on the tick mark for the number 3.

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### A3. Independence

- 1 ● Desire for financial, mental and physical independence
- 2 ● Establish yourself, self and ego

#### A4. Possession

- 1 ● Desire to own
- 2 ● Capture, plunder, steal
- 3 ● belongings, guards of valuables, defense
- 4 ● Effective use of belongings
- 5 ● Desire for name

#### A5. privacy.

- 1 ● Privacy, keeping secrets
- 2 ● Concealment, lies
- 3 ● Peeping, close communication

#### B . Pursuit of benefits

##### B1. Pursuit of advantage

- 1 ● Request for more favorable survival conditions
- 2 ● Self assertion, self-promotion
- 3 ● For your convenience

##### B2. Pursuit of profit

- 1 ● Profit, pursuit of profit, avoidance of loss

##### B3. Pursuit of success

- 1 ● Pursuit of success, avoidance of failure
- Pursuit of achievement

##### B4. Acquisition of ability

- 1 ● Pursuit of ability acquisition

##### B5. Risk taking, adventure

- 1 ● Challenge

##### B6. Correction

- 1 ● Recognition, extension and reinforcement of strengths
- 2 ● Reducing disadvantages, defects and defects
- 3 ● Pursuing prevention and treatment of diseases and breakdowns
- 4 ● Improvement, revision, correction

- 5 ● Rationalization, productivity improvement

##### B7. Pursuit of efficiency and speed

- 1 ● Pursuit of efficiency
- Pursuit of speed

-3 ● Tolerance of slowness

C. Pursuit of higher rank

C1. Showdown, game, war

-1 ● Showdown, game

-2 Competition

-3 ● Attack on opponents, war, killing opponents

-4 ● Victory, pursuit of superiority, avoidance of defeat

-5 ● Escape, avoid liability

-6 ● Reconciliation, mediation, arbitration

-7 ● Pardon, mercy

-8 ● Killing and destruction

C2. Building and controlling hierarchical relationships

-1 ● Stand on top, control, pursue superiority

-Pursuit of preferential treatment

-3 ● Discrimination of the vulnerable, bullying the vulnerable, imposing disadvantageous conditions on the vulnerable, passing on responsibility

-4 ● Vulnerable, child protection, parenting vs. show off, truncation

-5 ● jealousy

-6 ● Request, dependence, obedience, loyalty

-7 ● Accepting disadvantages and disadvantages

C3. Equal, equal, fair

-1 ● equal

-2 equality

-3 ● fairness

C4. Improvement

-1 ● Improvement

-2 ● Reform, revision, improvement

-3 ● Reversal, honor recovery

D. Pursuit of a third-party perspective

D1. Judgment

-1 ● Judgment to self

-2 ● Judgment of others

D2. Evaluation, valuation

-1 ● Pursuit of high praise for yourself, appearance

- 2 ● Confidence, pride, pride
- 3 ● Pursue recognition and value in your own society
- 4 ● Election, special treatment request
- 5 ● Burial, avoidance of neglect, desire to stand out
- 6 ● Desire for importance
- 7 ● Honor, desire for praise
- 8 ● Avoiding criticism, denial, negative evaluation, and blame
- 9 ● Avoid shame
- 10 ● Avoidance of humiliation
- 11 ● Desire to be treated with care, avoidance of toy treatment

### D3. Approval

- 1 ● Desire for approval, approval, approval, and reflection

### E. FIG. Pursuit of return

#### E1. Reaction, response

- 1 ● Reaction and response to the other party
- 2 ● Request for response and response to yourself (what you have done)
- 3 ● Ignoring the other party

#### E2. feedback

- 1 ● Return, feedback, remuneration, retaliation
- 2 ● Request for reward
- 3 ● Thanks

### F. Pursuit of knowing

#### F1. information

- 1 ● Desire for information and news
- 2 ● Desire for the outlook
- 3 ● Desire for communication
- 4 ● Correctness of information, desire for correction
- 5 ● Desire to disseminate information

#### F2. Verification

- 1 ● Desire to be visible and audible
- 2 ● Desire for certainty
- 3 ● Match, desire for accuracy
- 4 ● Need for certification

-5 ● Question, desire to solve questions

F3. Understanding

-1 ● Desire for understanding

-2 ● Cause, desire to investigate countermeasures

-3 ● Need for meaning

-4 ● Desire for association

-5 ● Desire for rational explanation

F4. stimulation

-1 ● bored

-2 ● Pursuit of rarity, emergency, case

-3 ● Travel

-4 ● Walk

F5. Novelty (newness).

-1 ● Exploration, discovery.

-2 invention

-3 ● Patent

-4 ● Experience

-5 ● Travel

-6 ● Search

-7 ● Pursuit of new and unused

-8 ● Avoid spoilers

-9 ● Get used to, get tired

F6. Memory, record, knowledge

-1 ● memory.

-2 ● Record

-3 ● Knowledge

-4 ● Learning

-5 ● Orientation toward the past, customs and precedent

G. FIG. Exercise, pursuit of activities

G1. motion

-1 ● Pursuit of self-exercise

-2 ● Social movement, pursuit of tide generation

G2. operation

-1 ● Operation, steering

-2 ● Carrying, transportation and transport

-3 ● Processing

## H . Pursuit of improved survival conditions

### H 1. Pursuit of a good environment

-1 ● Pursuit of a good life

-1b ● Maintenance and maintenance

-2 ● Pleasure, comfort, pursuit of good thoughts

-3 ● Pursuit of hygiene

-4 ● Pursuit of organization and organization

-5 ● Effort, avoidance of pain, laziness, omission

-6 ● Avoidance of burden, frustration, stress and decision

-6b ● Disappearance of uneasiness when burden, stress, etc. cannot be avoided

-6c ● Mood change, distraction

-7 ● Escape from reality

-8 ● Rest, vacation, sleep, calm

-9 ● Desire for play

-9b ● Desire for pleasure

-10 ● Desire for real tone release, degassing, and divergence

-11 ● Need for convenience

-12 ● Desire for stability

### H 2. Safety, security, security

-1 ● Desire for safety and security

-2 ● Self protection, desire for defense

-2b

-3 ● Avoid danger

-4 ● Avoidance of poisons

-5 ● Avoiding scratches

-6 ● Avoidance of responsibility

-7 ● Desire for warranty

-8 ● Prevention, preparation for crisis, pursuit of insurance

-9 ● Mutual rescue, pursuit of assistance

### H3 . Trust, trust

-1 ● Credit, desire for trust

-2 ● Inflection, saddle change, turn over, betrayal

-3 ● Avoidance of mistrust, liar

-4 ● Desire for confidence

#### H4 . quality

- 1 ● Desire for quality
- Desire for authentic and original
- 3 ● Nature, desire for nature
- 4 ● Pure, genuine, desire for regular

#### H5 . Rule, order

- 1 ● Pursuit of ease of living
- 2 ● Desire for law, law, punishment
- 3 ● Desire for violation
- 4 ● Defeat the current situation, desire for destruction

#### H6 . problem solving

- 1 ● Clarification of problem
- Elucidation of the cause
- 3 ● Elucidation of solutions and countermeasures
- 4 ● Implementation of solutions and countermeasures
- 5 ● Confirmation of countermeasure effect

#### H7 . Pursuit of energy, vitality, motivation, and power

- 1 ● Energetic, active, pursuing health
- 2 ● aggressiveness
- 3 ● Pursuit of youth
- 4 ● Pursuit of powerfulness

#### I . Pursuit of cushion

##### I 1. cushion

- 1 ● Need for buffer, avoid shock
- Desire for acceptance

##### I2 . Consideration

- 1 ● Detailed response, desire for consideration
- 2 ● Minimization of necessary consideration labor and cost
- 3 ● Reflecting consideration for yourself to others

#### I3 . Welfare, security, salvation, safety net

- 1 ● Welfare, desire for salvation
- 2 ● Avoidance of social fall, security, desire for safety net

#### J . Pursuit of preservation

##### J 1. Save, keep

- 1 ● Retention of own living body
- 2 ● Storage, preservation, storage

-3 ● forgetting

J 2. Self-sustaining

-1 ● Self-preservation, survival, desire for eternal life

-2 ● Desire to succeed

K . Pursuit of proliferation

K 1. Self-replication, multiplication

-1 ● Child making (sex), self-propagation

-2 ● Transmission to children and inheritance

-3 ● Intergenerational chain of inheritance from parent and inheritance (inheritance)

-4 ● Record and publicize your child

K 2. Self-expansion

-1 ● Desire to be famous

-2 ● Self-expression, propagation, propaganda

-2b ● Expression injection

-3 ● Understanders, desire for similar growth

-4 ● Desire for common points

-5 ● Desire for business expansion and growth

K3 . Companion, like

-1 ● Like, preferential favor

-2 ● Different, discrimination of opponents, exclusion, cold treatment, killing

-3 ● Friend, desire for reinforcements

-4 ● Acceptance, desire for good feelings

-5 ● Consent, desire for empathy, avoidance of denial

-5b ● Desire for agreement

-6 ● Desire for belonging

-7 ● Help each other, help, help

-8 ● Childcare, support, return to child, desire for parental presence

-8b ● Hometown, desire for more

-9 ● Mutual complementation, desire for division of labor

-10 ● Desire for communication and communication

-11 ● Grouping, desire for organization

L . Suppression of desire and transcendence

L 1. Desire, suppression of desire



-1 ● Superficial repair

-2 ● Serious reflection and deterrence

L 2. Desire, transcendence of desire

-1 ● Longing for divine existence, training

L 3. Breaking away from self-centered desire

-1 ● Admiration for usefulness and contribution

Supplementary explanation

□ Ideas and policies for creating lists

Human dark side list 10

Stratification of human nature

About conscience

There is no afterlife

# Human Nature **200** + $\alpha$

— Human as an organism and animal —

## 人間の本性 **200** + $\alpha$ — 生物、動物としての人間 —



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 2. 研究範圍及研究限制  
 3. 研究方法及研究工具  
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Human nature 200 +  $\alpha$

□Human as an organism and animal□

Iwao Otsuka

# Introduction

200 +  $\alpha$  list of human nature as living things that can not be done with beautiful things, and tried to summarize them clearly.

## Human nature list

### Fundamental principle

Biology-human,

(1) Live-Do whatever you want to leave and grow yourself. There is no choice to survive. Fear of death, extinction.

(2) Try to fulfill the needs needed to live. Attempt to get the shortage by shopping.

### A . Pursuit of control

#### A1. Realization of intention

**I hope my will will come true.**

**-1 ● Desire to be as desired**

- ☐ Ensure that the situation around you is what you want.
- ☐ I want to be able to move freely as I want.
- ☐ Try to share your opinion. Selfish.
- ☐ I want self-realization.

**-2 ● Rights retention, desire to exercise**

- ☐ I try to secure and maintain the right to do what I need for my life.

**-3 ● Power, interest retention, desire to exercise**

-To secure and retain the authority to freely decide and realize something.

-Try to secure and retain interests that benefit you. Try not to let go of your vested interests.

**-4 ● Desire for power**

- ☐ I like to have the power to move others around me freely.

**-5 ● Desire to like and dislike**

- ☐ I like and dislike.
- ☐ Try to get what you like.

☐ Reject what you dislike. [Murray rejection rejection]

## **-6 ● Desire for government**

☐ I hope that there will be long people who will move society well for their convenience.

☐ I hope that there will be long people who will fulfill their will.

☐ I hope that there will be heads of people who will speak for themselves.

☐ I hope that there will be a chief who will take responsibility in case of emergency.

## **A2. Pursuit of control and management**

### **Try to control and manage yourself and others.**

#### **-1 ● Control and management of others**

☐ Others listen to what they say and rejoice when they do what they say.

☐ Let others control what you say and control and manage others' behavior as you wish.

#### **-2 ● Free**

☐ I am glad that I have freedom.

☐ I am glad that I am not bound or controlled by others.

☐ I like being able to move around and move to any point.

### **-3 ● Autonomous**

□ [Murray autonomous autonomy]

□ I want to be able to control myself.

### **A3. Independence**

**Try to stand on its own without the help of others.**

**I want to be able to eat and live alone.**

### **-1 ● Desire for financial, mental and physical independence**

□ Efforts are made to become economically profitable and become independent.

□ Mentally try to become independent from parents and teachers.

□ I want to be able to get up and walk on my own in physical terms.

### **-2 ● Establish yourself, self and ego**

□ I try to hold myself firmly.

□ I try to establish my identity.

### **A4. Possession**

**Try to have your belongings and property.**

## **-1 ● Desire to own**

□ Try to have an object that you can occupy.

## **-2 ● Capture, plunder, steal**

If someone has good things, resources, or assets, they try to steal. Attempt to steal. Try to fight.

## **-3 ● belongings, guards of valuables, defense**

□ [Murray defense defense]

□ Try to guard your belongings from being taken by others. Try to protect. Security sensitive.

□ We try to protect valuable things, valuables, and valued goods so that they cannot be taken by others.

□ Defend your land and territory so that others do not take it.

## **-4 ● Effective use of belongings**

□ I try to make effective use and use of my property.

□ I hate being unable to use my property, making it useless, or being idle.

## **-5 ● Desire for name**

□ I want to have my name and name.

□ I hate being called by anonymous or inorganic number symbols.

☐ I want my name to be fixed. I hate changing names.

☐ I want myself to have a positive and meaningful name or name. I hate giving myself negative and bad names or names.

☐ Try to know the name of the other party (including supplies).

-Try to name the other party (including supplies).

## **A5. privacy**

**Trying to preserve privacy, private space and time.**

**Try to have your own territory.**

### **-1 ● Privacy, keeping secrets**

☐ [Murray inviolability ]

☐ I try to keep my own private space and time that are not affected by others.

☐ Be careful not to leak your secrets.

☐ I hate being watched by the other party with interest.

### **-2 ● Concealment, lies**

☐ Externally hide your reputation, failures and violations. I try to lie for that.

### **-3 ● Peeping, close communication**

- Try to snoop on the privacy of others.
- Try to get information of others with interest.
- Try to reveal the secrets of others.
- Try to sneak away secret information of others.

## **B . Pursuit of benefits**

### **B1. Pursuit of advantage**

#### **I want to be my advantage.**

##### **-1 ● Request for more favorable survival conditions**

- I try to improve my survival condition as much as possible. Try to be advantageous.

##### **-2 ● Self assertion, self-promotion**

- [Murray exposure exhibition]

- Make a self-assertion. Try to share your opinion. Promote and appeal to yourself, pushing others away. Make a presentation.
- You try to come to the front. Hope the extrusion is strong.
- I try to stand out. Trying to be in the limelight.

##### **-3 ● For your convenience**

- Ask for things that are convenient for you.



- I try to remember things that are convenient for me.
- Avoid, forget, pretend to be blind, and try to hide anything that is inconvenient or disadvantageous to you.
- If it is convenient for you, try to do it even if you hate others.

## **B2. Pursuit of profit**

### **Pursue profits and profitability.**

#### **I hate taking it out.**

##### **-1 ● Profit, pursuit of profit, avoidance of loss**

- I try to make my own profit, profit, and profit. I won't do anything wrong. Try to avoid losing money and making a deficit.
- Make a connection with a privileged person and try to get a profit.
- Don't give up, pretend to be out of sight, or don't help even if you're in trouble with others who don't benefit you .
- We try to cut useless costs.
- Others throw away use and handling consumables.

## **B3. Pursuit of success**

### **Try to succeed.**

##### **-1 ● Pursuit of success, avoidance of failure**

□ Try to succeed. Hope it goes well. Avoid mistakes.

□ I want to be successful and be in an advantageous position.

### **-Pursuit of achievement**

□[Murray achievement achievement]

□ I want to be able to reach the goal I want to reach.

## **B4. Acquisition of ability**

**Try to get the abilities (necessary to get things done in a successful way).**

### **-1 ● Pursuit of ability acquisition**

- Attempt to gain the competitive abilities, academic abilities, educational background, and qualifications necessary to survive, compete, and succeed.

## **B5. Risk taking, adventure**

**They dare to take risks to gain great profit and success.**

### **-1 ● Challenge**

□ Dare to take risks and try hard to gain enormous profit, success and limelight.

## **B6. Correction**

# **Develop your strengths, strengths and strengths and try to eliminate weaknesses, illnesses, weaknesses and weaknesses.**

## **-1 ● Recognition, extension and reinforcement of strengths**

□ I try to recognize where my strengths are. Stretch as much as possible and try to reinforce.

## **-2 ● Reducing disadvantages, defects and defects**

□ Efforts are made to reduce shortcomings and deficiencies in one's ability.

## **-3 ● Pursuing prevention and treatment of diseases and breakdowns**

□ (Illness hinders survival. This is something we want to fix if we can't do it. It's broken and doesn't work. There's something we need to make up for and need to be fulfilled to survive.)

□ I try not to get sick. Try to cure the disease. Try not to die, not to leave obstacles.

## **-4 ● Improvement, revision, correction**

□ I try to improve my condition better and more correctly than ever before and make my position more advantageous.

## **-5 ● Rationalization, productivity improvement**

- Try to make personnel and articles more rational in order to improve their own advantages, such as efficiency and productivity.

- Reorganize personnel, strengthen labor, and introduce new technologies.

- I prefer to be fast and inexpensive when taking a train or making a product.

## **B7. Pursuit of efficiency and speed**

**Try to improve efficiency and speed.**

### **-1 ● Pursuit of efficiency**

- I like the efficiency of things. Try to increase efficiency.

### **-Pursuit of speed**

- I prefer fast things. Try to increase speed.

### **-3 ● Tolerance of slowness**

- If the cost to pay for efficiency is high, it is acceptable to slow down without increasing efficiency.

## **C. Pursuit of higher rank**

### **C1. Showdown, game, war**

**Confront, fight, and battle enemies and rivals.**

### **-1 ● Showdown, game**

-Try to beat one another with rivals and enemies.

□ Confronting and trying to confront the harsh reality.

## **-2 Competition**

-Compete for survival. Try to be in a limited chair.

□ Kick off, hold down, and try to kill rivals. Hostile to rivals and be mean.

□ Only you try to survive.

## **-3 ● Attack on opponents, war, killing opponents**

□[Murray attack aggression]

□ Attacks humans who disagree with you and tries to prevent you from standing up. War and try to destroy enemies.

□ I try to correct and eliminate the opinion that I disagree with.

## **-4 ● Victory, pursuit of superiority, avoidance of defeat**

□[Murray superior dominance]

□ I try to be strong. Try to beat or win.

□ Defeat the opponent. I hate to lose.

□ I try to bully and rule over those who are weaker and who have lost.

□ I try to solidify my surroundings with people who are incompetent.

### **-5 ● Escape, avoid liability**

□ It tries to run away in severe and disadvantageous situations.

□ In case of failure, try to avoid responsibility. In the event of a failure, he will try to escape responsibility by imposing responsibility on others (vulnerable, subordinates).

### **-6 ● Reconciliation, mediation, arbitration**

-Try to reconcile with enemies and rivals for your own benefit (it is not a good idea to fight any more, it is more advantageous to reconcile and partner with your opponent ...).

□ Request mediation and arbitration by a third party for reconciliation.

### **-7 ● Pardon, mercy**

□ Recognize the loss and benevolently pardon those who have begged for forgiveness.

### **-8 ● Killing and destruction**

-Kills creatures and humans. Destroy useful things.

## **C2. Building and controlling hierarchical relationships**

**Attempt to create a vertical relationship based on the difference in power (dividing the win or loss).**

**Try to dominate.**

**-1 ● Stand on top, control, pursue superiority**

□[Murray rule, superior dominance]

□ Give yourself the top position and take control of your surroundings as you wish. Try to gain an advantage. Try to authorize yourself.

□ You stand at the top and try to look down on the inferior lower people. Pity the vulnerable of poor conditions.

□ Try to avoid standing yourself.

□ I try to think that I am superior (is superior) and others are inferior (is superior) to me.

□ Do not endure the existence of others who are superior to you, and take on enemies as rivals and try to crush them.

**-Pursuit of preferential treatment**

□[Murray rule, superior dominance]

□ I want to stand at the top and be treated better than others.

**-3 ● Discrimination of the vulnerable, bullying the vulnerable, imposing disadvantageous conditions on the vulnerable, passing on responsibility**

- Discriminate the vulnerable. Bullying the weak.
- Attacks the weak as a tool for frustration instead of a sandbag.
- I try to maintain favorable conditions by unilaterally pushing disadvantageous conditions against the weak.
- Involve the blame on the weak and try to flee to a safe zone and decide on a high spot.
- Do not consider the weak. Do what the weak do. Mean to the weak.

#### **-4 ● Vulnerable, child protection, parenting vs. show off, truncation**

- [Murray nurturing succorance]
- We try to protect and nourish those who are weaker, more faithful to ourselves, and rely on ourselves (like a child).
- Heavily punishes those who rebel and those who do not move as intended. Show off the vulnerable rebels.
- Arbitrarily cut off the weak at their own convenience.
- Someone who is inconvenient for them is cut off with a lizard and escapes responsibility.

#### **-5 ● jealousy**

- Be jealous. envy. Pull the foot of the person trying to go up.
- Being jealous of those who are higher than you or who are trying to go higher, try to drag them down.



## **-6 ● Request, dependence, obedience, loyalty**

□[Murray obedience deference , fostering dependence succorance]

□ Let's rely on someone who is stronger than you and try to rely on him. I will try to protect you. Create a dependable god. Attempt to rely on country-company. I swear allegiance to those who protect me.

□ I want to be watched and protected by the great. Seek protection from the great.

## **-7 ● Accepting disadvantages and disadvantages**

□[Murray selfish base ]

□ Reluctantly acknowledge that you are weak and disadvantaged.

□ Leave your destiny to the strong.

## **C3. Equal, equal, fair**

**I want equality, equality, and fairness.**

### **-1 ● equal**

□ If you are at a disadvantage, you want to be treated equally with the other party.

### **-2 equality**

□ I hate being discriminated against unfairly.

### **-3 ● fairness**

□ If you are placed in a state where you enjoy unfairness, you will release your dissatisfaction and hope for fair treatment.

## **C4. Improvement**

**Without getting tired of myself, I try to aim further.**

### **-1 ● Improvement**

□ I try to go up.

□ I try to improve my ability and knowledge.

□ We try to be better.

□ Try to avoid falling.

### **-2 ● Reform, revision, improvement**

□ Do not get tired of the current situation and try to improve the situation and condition even further.

### **-3 ● Reversal, honor recovery**

□[Murray reaction counteraction ]

□ Invert bad results and try to regain honor.

## **D. Pursuit of a third-party perspective**

### **D1. Judgment**

## **Ask for judgment and test.**

### **-1 ● Judgment to self**

□ Try to take the test. They try to know how many points they have scored in a test (how much they have done), what their rank is, and the objective and sober judgment of a third party.

□ When you are in conflict with another person, try to have a third party judge whether you are right or right. Judgment, seeking judgment in trial.

### **-2 ● Judgment of others**

-Try to judge others freely as you like, so that you can freely control personnel evaluations such as rewards and punishments.

## **D2. Evaluation, valuation**

**Seeking to be evaluated. Seeking high evaluation. Dislike low ratings.**

### **-1 ● Pursuit of high praise for yourself, appearance**

-Try to be praised and praised. Plus hope to be valued.

□ I try to improve my reputation and evaluation. Try to show yourself well.

·make up. Shape up.

□ Speak beautiful things and idealism. Attempt to behave in a conscientious manner. Try to look good. Good child.

☐ Say something like a friend. Say something that is moral.

## **-2 ● Confidence, pride, pride**

☐ Try to be confident.

☐ I am proud of myself. With high pride. Be proud. Like to look down on others.

☐ Be proud. Exaggerate. Be arrogant.

☐ Give yourself a high reputation and become euphoric. I'm a narcissist.

☐ I can't stand it unless others give me a high rating.

## **-3 ● Pursue recognition and value in your own society**

☐ I want to be recognized by people around me. I hate being ignored.

☐ I want to be needed by my surroundings and society. I hate being unnecessary.

☐ I want to be valued in my surroundings and society. I hate being valued.

☐ I hope that people around me can be considered competent. I hate being considered incompetent.

☐ I want to be a major and mainstream in society.

## **-4 ● Election, special treatment request**

□ Try to consider yourself a chosen being. Prefers to be privileged, special and VIP .

□ As those who govern the principles that govern nature, they try to create a concept of God that resembles themselves and regard God as having chosen them first-class. Attempts to assume that nature is centered around humans.

### **-5 ● Burial, avoidance of neglect, desire to stand out**

□ I hate being buried in the surroundings or being ignored. Try to stand out.

### **-6 ● Desire for importance**

□ I want to be valued and valued by others. I get angry when dismissed by others.

□ Take importance on yourself. On the other hand, others are neglected.

### **-7 ● Honor, desire for praise**

-Seeking honors and medals. I like being praised by others.

### **-8 ● Avoiding criticism, denial, negative evaluation, and blame**

□ If you are criticized, denied, or negatively evaluated by others, you feel uncomfortable. Get angry or cry.

□ Try to avoid being criticized, denied, or negatively evaluated.

☐ Try to avoid being criticized by others. Try to harden the surroundings with Jesus man.

### **-9 ● Avoid shame**

☐ [ Avoid Murray shame infavoidance]

☐ I hate to be ashamed of making mistakes in the attention of others.

### **-10 ● Avoidance of humiliation**

☐ [ Avoid Murray shame infavoidance]

☐ I hate receiving humiliating treatment of breaking pride from others.

### **-11 ● Desire to be treated with care, avoidance of toy treatment**

☐ I hate being treated as a toy by myself and being tamed. I hope that they will be treated with care and care.

## **D3. Approval**

### **Ask for approval.**

### **-1 ● Desire for approval, approval, approval, and reflection**

☐ I want my opinion to be recognized (approved) by others and to be reflected in others.

☐ I prefer that my opinion be agreed.

□ I hate being denied or rejected. Prefers that the other person is Yesman.

## **E. FIG. Pursuit of return**

### **E1. Reaction, response**

**I want a response, a response.**

#### **-1 ● Reaction and response to the other party**

□ Respond to what the opponent did and try to respond.

#### **-2 ● Request for response and response to yourself (what you have done)**

□ I want to respond and respond to what I did.

□ I'm worried about what kind of reaction and response to what I did, and try to see it many times (such as bulletin boards where I wrote).

#### **-3 ● Ignoring the other party**

□ If the other party is inconvenient or not interested in you, ignore the other party. Do not reply.

### **E2. feedback**

**Try to return what you did.**

#### **-1 ● Return, feedback, remuneration, retaliation**

□ If done (if done), return. Give back. give feedback. Give back the gift. Once you have the convenience, you will also be able to take advantage of it.

□ Reciprocate. Retaliate. Revenge, revenge.

## **-2 ● Request for reward**

-Ask others for a reward for what they have done for others.

□ If I do something useful to others, I would like the other person to do something equivalent.

## **-3 ● Thanks**

□ I want to be grateful if I do something useful to others. Ask for thanks.

□ I am glad to be thankful to others.

□ If others do something useful for you, be glad and try to thank them.

# **F. Pursuit of knowing**

## **F1. information**

### **I want information.**

## **-1 ● Desire for information and news**

□ Let's try to get the information that is necessary for one's survival and that is beneficial to one's survival. Watch the news. Watch the weather forecast. Try to get closer to people



who may have useful information. Drill into your surroundings with interest. jeer.

□ Try to collect information before going to a land, field, or territory unknown to you.

## **-2 ● Desire for the outlook**

□ It is hoped that there will be a wide view of the surroundings, a view, and a view into the future. Hope to climb high.

## **-3 ● Desire for communication**

- Try to communicate with each other to extract useful information from others for their preservation.

## **-4 ● Correctness of information, desire for correction**

□ If you see incorrect information, you want to correct it.

## **-5 ● Desire to disseminate information**

□ I want to talk to someone about the important news that I got early, such as serious news that only I know, secrets of others, other companies, or interests that I am interested in. Try to actively communicate with others.

## **F2. Verification**

**Try to see.**

**Try to confirm.**

## **-1 ● Desire to be visible and audible**

- ☐ I want to see and hear.
- ☐ I hate being unable to see the surroundings, or seeing ahead.
- ☐ Dislike opaque, unclear, and invisible situations.
- ☐ I hate to be out of focus.

## **-2 ● Desire for certainty**

- ☐ I want to be certain.
- ☐ I hate floating.
- ☐ I hope that there is proper support. Scaffolds sink, hate to wander.

## **-3 ● Match, desire for accuracy**

- ☐ I want to be a perfect match.
- ☐ I hate shifting.

## **-4 ● Need for certification**

- ☐ Try to prove and prove that your thoughts are correct (the other person's thoughts are wrong).

## **-5 ● Question, desire to solve questions**

- ☐ I hate to leave without knowing or not knowing what I do not know.

☐ Ask questions that you don't know or know and try to get answers.

☐ Try to solve questions.

### **F3. Understanding**

#### **[Murray understanding understanding]**

#### **Try to understand.**

##### **-1 ● Desire for understanding**

☐ I try to understand.

☐ Try to understand the information that comes in and the situation around you.

☐ I hate being unable to understand.

☐ Try to get out of the situation that you cannot understand (work hard until you understand. Escape the place you do not understand).

##### **-2 ● Cause, desire to investigate countermeasures**

- Try to find out why something happened and why.

-Attempt to take countermeasures for the identified causes (such as accidents).

##### **-3 ● Need for meaning**

☐ I try to find out what the meaning and significance of the things that happened are.

#### **-4 ● Desire for association**

□ I try to find something related to what happened.

#### **-5 ● Desire for rational explanation**

□ I want to be able to explain something about what happened.

-I hope that a plausible and rational explanation of what happened (because it can be done later).

### **F4. stimulation**

**Ask for stimulation.**

**Bored if it is everyday. I want to change my mind.**

**Try to experience things that cannot be experienced in daily life.**

**Be interested in extraordinary events and incidents.**

#### **-1 ● bored**

□ If your daily life continues, you will get bored and want to seek new stimuli.

#### **-2 ● Pursuit of rarity, emergency, case**

-Ask for the occurrence of unusual, urgent, or rare events that occur rarely in daily life.

### **-3 ● Travel**

□ Looking for new stimuli in places, regions, and regions that do not or often do not enter, and try to enter and go. Try to travel.

### **-4 ● Walk**

□ I usually try to go to a different time zone to find a little stimulus in a local area or district that I do not often enter, do not go to, or conversely go to.

## **F5. Novelty (newness)**

**Like new things, things.**

**I prefer new ones. I hate second-hand.**

**Trying to be a pioneer, first discovery, inventor.**

**Explore, study, and unravel unknown territories.**

**Try to experience and experience new things that have not yet been experienced.**

**Try to go to an area you have never been.**

### **-1 ● Exploration, discovery**

-Enter the unknown fields and territories quickly and try to discover important new facts that no one has yet reached.

## **-2 invention**

□ Invent new and socially useful ideas that no one has yet conceived, and try to gain honor as an inventor.

## **-3 ● Patent**

□ Efforts are made to eat and make money by the discoveries and inventions achieved earlier and earlier than others.

-Attempt to secure first-mover benefits. Ask for rewards for the risks borne by your pioneers.

## **-4 ● Experience**

□ Try to experience things that you have not yet experienced.

□ I prefer new experiences.

## **-5 ● Travel**

□ Try to go to a land or area where you have never been or have never entered. Try to travel.

## **-6 ● Search**

□ Search for unknown things and try to obtain information.

-Use an Internet search engine to search for the information you want on the Internet.

## **-7 ● Pursuit of new and unused**

□ The goods to be obtained should be new, unused, and not used.

### **-8 ● Avoid spoilers**

□ We will try to avoid that the contents of the unknown and unexperienced zones that we are going to see will be known first, and that the experience will not lose newness.

### **-9 ● Get used to, get tired**

□ If you encounter the same stimulus all the time, get used to it and get tired. Seeking new stimuli.

## **F6. Memory, record, knowledge**

**I try to memorize and record what I saw.**

**Try to have knowledge.**

### **-1 ● memory**

□ Try to memorize, memorize, and memorize the obtained information in your head and in notes.

### **-2 ● Record**

□ Take notes or record information.

□ Shoot, record, or record the things you want to record with a camera or recorder.

### **-3 ● Knowledge**

□ Acquire and accumulate the obtained information as knowledge.

□ Try to have a lot of knowledge. Try to gain advanced, deep knowledge.

#### **-4 ● Learning**

□ I try to learn.

□ Try to learn and practice as many times as possible until things are firmly in your body and permeate into your body.

#### **-5 ● Orientation toward the past, customs and precedent**

□ We value the maintenance of past experience, customs and precedents, and knowledge already obtained.

## **G. FIG. Exercise, pursuit of activities**

### **G1. motion**

**Try to exercise.**

#### **-1 ● Pursuit of self-exercise**

□ I try to move my body.

□ I want my body to move as I want. I hate being crippled.

□ I try to train my muscles and my heart and lungs to move my body.

#### **-2 ● Social movement, pursuit of tide generation**



□ Move others and society to create new movements and trends.

## **G2. operation**

**Manipulate and move things as you wish.**

### **-1 ● Operation, steering**

□ I want to move machines ( PCs -cars, airplanes) and people as I want, and get the output of necessary functions.

### **-2 ● Carrying, transportation and transportation**

□ I want to bring things and people to the point I want.

### **-3 ● Processing**

□ I want to process materials into the shape and material I want. Take advantage of chemical changes.

□ I try to change people and organizations to my desired constitution.

## **H . Pursuit of improved survival conditions**

### **H 1. Pursuit of a good environment**

**Try to pursue and maintain a favorable environment and condition (clothing, food and living ...) for your survival.**

### **-1 ● Pursuit of a good life**

□ Try to live a good life. Try to luxury.

□ I want to be able to live without doing anything or working hard. Hope a lot of income comes in. I hope the living environment is blessed.

-Try to get more money by getting the necessary supplies to get daily supplies. Try to make money (capitalism to make more money is innate to humans).

□ After death, try to make good thoughts in heaven. Therefore, we try to do good deeds in this world.

### **-1b ● Maintenance and maintenance**

□ If you are satisfied with your current life, try not to change the status quo and maintain the current state. Be conservative.

### **-2 ● Pleasure, comfort, pursuit of good thoughts**

□ I try to feel good. Try to have an easy and pleasant thought. What is pleasant and easy is often innately determined (sex, taste ...).

□ I want a comfortable life.

□ I try to make good thoughts (easy, pleasant, delicious).

-Try to get sexual pleasure and orgasm through sex. Masturbate.

[Murray sex sex]

□ Try to get comfortable (listening to beautiful music melody).

-Try to get a feeling of comfort (by putting air-conditioning and heating in the room, putting cushions and the like on the chair).

□ Try to get beautiful and beautiful things. I want to be beautiful and beautiful.

□ Enjoy the senses.

[Murray sentiment sentence]

### **-3 ● Pursuit of hygiene**

□ I want cleanliness. Dirty, avoid the spread of pathogens.

□ Wash your body. brush teeth.

·clean.

### **-4 ● Pursuit of organization and organization**

□ It is good to be clean and organized.

### **-5 ● Effort, avoidance of pain, laziness, omission**

□ We try to avoid hardship. Try to make it easier. Try to be lazy and sloppy. You don't even have to work.

□ I try to get rid of work that I have a hard time doing as it is.

### **-6 ● Avoidance of burden, frustration, stress and decision**

- Try to avoid frustration, stress, and decisions that are psychologically and physically burdensome.

### **-6b ● Disappearance of uneasiness when burden, stress, etc. cannot be avoided**

□ When the burden cannot be avoided, try to release the discomfort felt somewhere.

□ For example, pass on the stress you are having to yourself by putting a burden on others by vandalizing a bulletin board or running away from a car.

### **-6c ● Mood change, distraction**

□ If you are under stress, stress, or boring everyday, you will try to refresh, change, retreat, and do something different.

### **-7 ● Escape from reality**

□ Tough and try to stop living. Trying to commit suicide.

□ Tough and trying to escape from reality.

### **-8 ● Rest, vacation, sleep, calm**

□ Try to rest (if tired). On vacation, trying to rest.

□ Try to sleep.

□ I like to settle down and settle down once (work etc.).

### **-9 ● Desire for play**

□[Murray play play]

□ Released from your daily duties, try to enjoy the games and casually, and enjoy the relaxed atmosphere,

recreational joy and distraction.

□ Let's make the other party your own toy, mischief the other party, intentionally trouble the other party and try to enjoy the reaction.

### **-9b ● Desire for pleasure**

-Addicted to pleasure.

□ I'm comfortable. Try to make it easier. laze. Try to get rid of it.

□ Pleasant feeling. It feels good. Have sex. Eat a lot of delicious food. Try to smell good. Addictive to tobacco and drugs.

### **-10 ● Desire for real tone release, degassing, and divergence**

□ I'm tired of hiding myself, seeing myself, and saying something beautiful.

□ I want to talk to someone about my true intentions and feelings that I have in myself, to expose them, to refresh them, to break through the feeling of blockage, to feel a sense of liberation, and to release gas.

□ Ask for counseling and confidential counseling to talk about your true intentions.

□ I want to dissipate the stress and feelings that have accumulated in my mind to someone, and I want them to listen.

## **-11 ● Need for convenience**

☐ I want convenience and convenience.

☐ I hope that necessary supplies and human resources can be obtained quickly and without any hassle.

☐ I prefer to use convenience stores.

## **-12 ● Desire for stability**

☐ We hope that the good environment that we have obtained will continue for a long time without being covered.

## **H 2. Safety, security, security**

### **Seeking security and security.**

#### **-1 ● Desire for safety and security**

-Ask for a rest. Seeking peace, peace.

#### **-2 ● Self protection, desire for defense**

☐[Murray defense defense]

☐ I want to stay in the safe area.

☐ I want myself to be protected.

#### **-2b**

Fear and try to avoid doing new, unknown, and therefore dangerous or may fail.

-Only try to do things that have been successful until now, that safety has already been guaranteed, and that has been proven.

### **-3 ● Avoid danger**

· [Murray avoidance of harm harm avoidance]

□ Try to avoid dangerous things.

### **-4 ● Avoidance of poisons**

□ Try to avoid being harmful to yourself.

### **-5 ● Avoiding scratches**

□ Try to avoid hurting yourself.

### **-6 ● Avoidance of responsibility**

□ Try to escape responsibility.

### **-7 ● Desire for warranty**

□ I hope there is guarantee and security.

□ I hope you are all right.

### **-8 ● Prevention, preparation for crisis, pursuit of insurance**

□ In an emergency, try to prepare for the coming crisis or crash. Try to get insurance.

## **-9 ● Mutual rescue, pursuit of assistance**

□ We will try to help each other and make a more secure society.

## **H3 . Trust, trust**

**Seeking trust and trust.**

**Demand trust from others, and change yourself for your own convenience.**

## **-1 ● Credit, desire for trust**

□ Seek a trusted and trusted partner.

□ I hope that agreements, contracts and promises will be kept.

## **-2 ● Inflection, saddle change, turn over, betrayal**

□ Change the saddle to more favorable conditions.

-Discard your existing partner and change to a partner who has offered more favorable trading conditions.

□ It is selfish.

## **-3 ● Avoidance of mistrust, liar**

□ Afraid of the other party losing their trust in themselves.

-Try to lie and hide from your opponent so that no inconvenience or inconsistency is revealed.



#### **-4 ● Desire for confidence**

□ Try to be confident in yourself. Try to make yourself trustworthy. Try to gain confidence.

#### **H4 . quality**

##### **Seeking high quality.**

#### **-1 ● Desire for quality**

□ We look for high-quality goods and deliverables, and hate low quality and omission.

#### **-Desire for authentic and original**

□ Sought real, real, genuine and original products, and dislike fake, imitation and copy.

#### **-3 ● Nature, desire for nature**

□ For food and jewelry, seek natural and natural products, and dislike artificial and cultured products.

#### **-4 ● Pure, genuine, desire for regular**

□ Pursue something pure and hate things that contain impurities.

□ We look for genuine and legitimate ones and hate non-regular ones.

#### **H5 . Rule, order**

## **[Murray order order]**

### **Seeking rules, order.**

#### **-1 ● Pursuit of ease of living**

□ I try to improve the society where I live so that I can live better.

#### **-2 ● Desire for law, law, punishment**

-To make the society difficult to live when it breaks, to collect and prohibit and restrict the behavioral patterns that have the opposite function, and to make laws and laws and regulations to control the society so that it is easy to live. Punish those who break the rules.

□ I want a certain order in society. I hate lawlessness.

#### **-3 ● Desire for violation**

□ I feel suffocating, trying to break or violate too strict rules.

□ By violating, try to show that you are powerful enough to face society.

#### **-4 ● Defeat the current situation, desire for destruction**

□ I am gradually dissatisfied with the current situation and try to break or destroy it.

## **H6 . problem solving**

### **Address and solve problems.**

## **-1 ● Clarification of problem**

□ I try to find out what goes wrong.

□ I try to clarify the problem.

## **-Elucidation of the cause**

-Try to find and find the cause of the problem.

## **-3 ● Elucidation of solutions and countermeasures**

□ Let's look for a solution to solve the problem.

## **-4 ● Implementation of solutions and countermeasures**

□ Implement countermeasures to solve the problem and finally try to solve the problem.

## **-5 ● Confirmation of countermeasure effect**

□ We will try to confirm whether the problem has really been solved by implementing the countermeasures.

## **H7 . Pursuit of energy, vitality, motivation, and power**

**They try to have the energy, power, and motivation to actively deal with the reality.**

## **-1 ● Energetic, active, pursuing health**

□ We are going to be fine and active.

□ Try to be healthy. Try not to get sick.

-Try to divide power from someone who is more energetic than yourself.

## **-2 ● aggressiveness**

□ I think it is desirable to deal with things positively and try to do it. Try to gain the power to do that.

## **-3 ● Pursuit of youth**

□ I want to be young and not old.

□ Try to make yourself look young.

## **-4 ● Pursuit of powerfulness**

□ We try to be a powerful and powerful person who can solve things steadily. Try to gain the power to do that.

# **I . Pursuit of cushion**

## **I 1. cushion**

**Ask for something that softens.**

## **-1 ● Need for buffer, avoid shock**

□ We look for thing which softens shock. I hate shock.

□ We look for cushion, cushioning thing.

□ Seek softness and fluffy.

☐ Look for something that will catch you.

### **-Desire for acceptance**

-Ask for acceptance.

☐ I hate being rejected.

## **I2 . Consideration**

**Ask for consideration.**

**I want others not to do what I don't like.**

**I want others to do what I am happy about.**

### **-1 ● Detailed response, desire for consideration**

☐ I hope that you will be able to respond and take care of yourself.

### **-2 ● Minimization of necessary consideration labor and cost**

☐ Minimize labor and cost for consideration.

☐ Do not give consideration to your own interests.

### **-3 ● Reflecting consideration for yourself to others**

☐ Avoid trying to do things that you don't want to do if you're done by others.

☐ I try to do something that I would be glad if I was given by another person.

## **I3 . Welfare, security, salvation, safety net**

### **Seeking welfare, security, and salvation.**

#### **-1 ● Welfare, desire for salvation**

□ If you are in a bad state and need help or salvation, you can help and hope to be saved.

□ I want to be able to live at least if I can't help it.

#### **-2 ● Avoidance of social fall, security, desire for safety net**

□ I want to be able to avoid falling down in society and leading a life without hope.

□ I hope for the security and safety net that will help me from social fall.

## **J . Pursuit of preservation**

### **J 1. Save, keep**

#### **Try to keep and save what you want.**

#### **-1 ● Retention of own living body**

□ It tries to preserve and maintain its existence as a living body physiologically.

□ I fear death and try to avoid it. I want immortality.

□ Try to stay alive.

-(Breathing) Trying to get oxygen. Try to breathe.

-(Water, diet, nutrition) Attempt to drink water, diet, and nutrition.

-(Excretion, disposal) Attempt to excrete and discard unnecessary materials.

-(Maintain body temperature) Try to maintain body temperature. Try to avoid heat and cold.

-(Maintenance of cleanliness and hygiene) Attempt to maintain cleanliness and hygiene.

-Try to prevent yourself from being directly exposed to the harsh external environment. Try to go inside and back to avoid direct weather. Try to own a house.

## **-2 ● Storage, preservation, storage**

□ I try to accumulate the profits I have made.

□ We try to save assets, funds, food, etc. in case of a future emergency.

-Attempt to preserve the acquired and purchased products so that their functions and product value are preserved.

-Attempt to save and memorize useful information so that it is not lost.

□ I try to remember things that are convenient for me.

□ I hope that the last desirable state of the work is retained at the time of resumption.

## **-3 ● forgetting**

□ Forget what you remember.

□ Let's forget things that are inconvenient for you and try to reach a corner of your consciousness.

## **J 2. Self-sustaining**

**I try to leave my existence and achievements for posterity.**

**-1 ● Self-preservation, survival, desire for eternal life**

□ I want to keep my existence. Later, fear of being forgotten.

□ I want my achievements and achievements to be preserved in future generations, to live beyond the times, and to be preserved.

**-2 ● Desire to succeed**

□ I want my successor to appear.

□ I want to be a teacher and grow competent disciples.

## **K . Pursuit of proliferation**

### **K 1. Self-replication, multiplication**

**Make your own copy, increase it, and try to preserve it for posterity.**

**-1 ● Child making (sex), self-propagation**



□[Murray sex sex]

□ I try to increase my own copy and keep it for posterity.

□ I try to make children and offspring. Try to have sex. Try to make a lot of children, or reduce the number of children to make and raise them in good conditions.

## **-2 ● Transmission to children and inheritance**

□ I try to pass on my parents' traits to my child.

□ Parents try to pass on their values to children.

□ The parent commits to the child what he or she wanted or could not do.

## **-3 ● Intergenerational chain of inheritance from parent and inheritance (inheritance)**

□ Try to make the child the behavior transmitted from the parent.

□ When a child is raised in a certain way (abused or scolded unilaterally), the child gives the child the same way of raising (abused, scolded).

-Acquired behavior is linked and passed between generations (like genes).

□ Communication of behavior spans species. Species identity is acquired. (A dog raises a leopard kid, and the leopard kid thinks of himself as a dog and behaves like a dog.)

-I prefer to make my child my own successor. Prefer hereditary.

#### **-4 ● Record and publicize your child**

- ☐ Try to keep track of your child's growth.
- ☐ Try to get others to see your child's records and the movements of your child.
- ☐ Try to advertise your child.
- ☐ Advertise your products to others.

## **K 2. Self-expansion**

### **I try to spread my existence to society.**

#### **-1 ● Desire to be famous**

- ☐ [Murray exposure exhibition]
- ☐ Try to be famous. Try to spread your presence.

#### **-2 ● Self-expression, propagation, propaganda**

- ☐ [Murray exposure exhibition]
- ☐ I try to express my own ideas to others.
- ☐ Inherit not only hereditary but also acquired cultural traits into others.
- ☐ I am glad that others practice what they have taught to others or pass them on to others. I am disappointed if others don't or forget what I taught to others.

□ I am glad if my teaching spreads to others.

□ I'm happy that my product will be seen by others, receive a positive evaluation, and be accepted.

### **-2b ● Expression injection**

□ I try to input and inject what I want to express into my computer or other people's head.

### **-3 ● Understanders, desire for similar growth**

□ I find people who agree with me and people who understand me. I'm happy to find the likes that are good for me.

### **-4 ● Desire for common points**

□ Try to find a partner who has something in common with you.

□ I am glad if I find someone who has something in common with me.

### **-5 ● Desire for business expansion and growth**

□ I want to grow and grow the size and profits of the company I started.

## **K3 . Companion, like**

**I want a friend.**

### **-1 ● Like, preferential favor**

□ Seek your own.

-Give preference to those who have the same attributes (race, etc.), values, and content as you do. Try to make friends with each other. Try to get along with someone who has the same interests and hobbies as you.

□ I like to agree and agree with myself. Prefer and prefer supporters and supporters of yourself.

## **-2 ● Different, discrimination of opponents, exclusion, cold treatment, killing**

□[Murray rejection rejection]

□ Discrimination, exclusion, cold treatment, attack, and destruction of opponents who have different attributes (such as race) and values from themselves.

□ I hate being opposed to myself. Avoid opponents.

## **-3 ● Friend, desire for reinforcements**

· [Murray affiliation affiliation]

□ I try to increase my allies and reinforcements.

## **-4 ● Acceptance, desire for good feelings**

· [Murray affiliation affiliation]

□ I want myself to be accepted and liked by others.

□ Seek the presence of others who will accept you.

## **-5 ● Consent, desire for empathy, avoidance of denial**

· [Murray affiliation affiliation]

☐ I want to agree and be sympathetic.

-Ask for the existence of others who agree with and sympathize with you.

☐ I'm disappointed if I don't get my consent and empathy. Get angry.

☐ I hate being denied myself. Try to avoid.

## **-5b ● Desire for agreement**

☐ I hope to reach an agreement with the other party.

## **-6 ● Desire for belonging**

· [Murray affiliation affiliation]

☐ Try to be among friends who accept you.

## **-7 ● Help each other, help, help**

☐ [Murray charity nurturance]

☐ Try to help each other to be better living conditions. Attempt to exchange services.

☐ Try to be useful for others. This is so that you can help yourself in an emergency.

☐ Try to promote yourself by helping.

□ Help each other for your ego.

### **-8 ● Childcare, support, return to child, desire for parental presence**

□[Murray nurturing succorance]

□ Seek the presence of a helpless self to grow up to adulthood (more like an adult caregiver or parent).

□ I want unconditional support and dedicated cooperation from others.

□ I want to give free affection from others.

□ I want to give it to others.

□ I want you to keep watching, always be with me, and keep loving without betrayal.

□ Seek a big presence that will support you well.

### **-8b ● Hometown, desire for more**

□ I want a hometown where I can go home.

□ We look for heart of heart.

### **-9 ● Mutual complementation, desire for division of labor**

□ We try to make up for each other's weak and weak points. I try to develop what I am good at. Divide work.

□ We try to complement each other and have a division of labor with beings who have something we do not have. For

that, he tries to get along with a foreign partner.

### **-10 ● Desire for communication and communication**

□ I try to communicate with my colleagues so that I can communicate with my colleagues.

### **-11 ● Grouping, desire for organization**

□ We want to bring together similar friends from around us, organize them, and show us their great power.

## **L . Suppression of desire and transcendence**

### **L 1. Desire, suppression of desire**

**I feel uncomfortable and try to improve myself and others in my desires and desires.**

**Try to suppress the manifestation of desires and desires.**

#### **-1 ● Superficial repair**

□ Even if you really have a greed, you try to behave like you seem to have no greed.

#### **-2 ● Serious reflection and deterrence**

□ Reflect on your lustful self and try to minimize greed.

### **L 2. Desire, transcendence of desire**

**Escape from desire and desire, trying to be free.**

**Overcome and transcend the desires and desires that lie within you.**

**-1 ● Longing for divine existence, training**

□ I try to practice various kinds of training, trying to become a god, a Buddha-like sacred being, a good being, that transcends and overcomes desires and desires. Try to be a saint.

**L 3. Breaking away from self-centered desire**

**I feel uncomfortable as a self-centered person who is only thinking about herself and pursues her own desire.**

**I think it's desirable to put myself aside (for the time being to suppress my greed), do something positive for others, yearn, and if possible, try to do it.**

**-1 ● Admiration for usefulness and contribution**

- Try to focus on realizing the needs of others other than yourself, rather than self-centered realizing only your own needs.

□ It is desirable and willing to try to help yourself for others, for everyone, and for society.

□ I think it is desirable to do what is good for others.



□ I think it is desirable and try to do something that can contribute to the functioning of the society and organization around me.

(Created from September 2008 to May 2018)

## **Supplementary explanation**

### **□ Ideas and policies for creating lists**

Humans are a kind of living things and animals.

The human nature is included in the "biological" nature and the "animal" nature.

Other creatures are thought to have a mind similar to the mind of a human being (which may be simpler than a human being, but have something in common fundamentally).

Humanity to biologicality is at the base of the brain of humans to organisms (animals).

Humans are no better than (equal to) other animals and living beings.

The body is built by the same gene. Sex is the same.

Although the brain's capacity and development are high, it is only one of the characteristics of living things. It is at the same level as photosynthesis, like plants, and flying freely in the sky like birds and insects.

Human beings have desperately concealed or denied their biological and animal nature in order to claim that they are higher than other animals. For example, it is quite evident in the history of Western thought that he was guilty of falling in sex and working hard to show that he was an intellectual and rational being chosen by God.

However, if we look at the actual human behavior, we can see that such ghosts can easily come off. It's Balzac that drowns in the pleasures of sex and gastronomy, pushes propagation around oneself, and takes control of others as one wishes.

Therefore, in order to know human beings, we thoroughly pursue and elucidate their fundamental biological and animal qualities, and affirm and confirm that such biological and animal qualities are inevitable as a kind of living creature. I think that is absolutely necessary.

Humans are neurocomputers. However, it is not just a computer, but a computer with survival as a living organism, motivation to proliferate, and motivation. There is a central command room that controls motives. The whole world where the nervous system is alive is everything. When the cranial nervous system ceases to work, at that point practical life is over and there is no afterlife.

The behavior of a human child who has not learned the behavioral limiter is a department store of human creatures, animals and nature.

Observing children can provide a wealth of knowledge about the biological nature and nature of humans.

Anonymous bulletin boards on the Internet, where behavioral limiters have been removed, are department stores for human beings, animals and nature.

By observing the anonymous bulletin board, it is possible to obtain a wealth of knowledge about human biologicality and nature.

The list of living things lists people as examples. Even if you read birds and insects instead of humans, the basics should be understood.

For better or worse, humans need to be prepared to accept and accept such things, both themselves and others.

## □ **Relationship with ideal image**

There are three types of cases between these biological desire lists and human ideals:

(1) The realization of the desires on the list is the ideal state for human beings.

(2) If a considerable portion of the desires on the list are to be pursued in a straightforward manner, they will be viewed as greedy by others and will be subject to negative evaluation.

(3) If you try to pursue the needs listed on your own, you will be considered selfish by others and will be subject to negative evaluation.

Therefore,

About (2) ,

(2-1) If you don't have such a desire, you will try to get the appearance. Apparently, it is ideal for human beings to reduce desire.

(2-2) Believing that being free from desires and desires that transcends such desires and desires, is an ideal state that is higher and overcomes such desires and desires To become a "sacred" ideal being. Overcoming the desire becomes ideal for humans.

Regarding (3), we will try not only to satisfy our needs alone, but also to try to satisfy others and everyone around us. Departure from selfish desire realization is ideal for humans.

### **□ Relation with the preceding example of the desire list**

A leading example of such a list of biological desires is the human psychological desire list in the paper of HAMurray (1938) "Explorations in Personality" .

However, compared to the list this time, it is quite incomplete and missing. This list is more complete and exhaustive.

It should be noted that, in this list Murray was raised of 20 to the items that are considered to correspond to one of desire, for example [Murray order order] are marked as. Items not marked are unique to the list.

## **Human dark side list 10**

-Dark psychology-

## 2008.09 First appearance

The essential and inescapable dark side and dark side inherent in human psychology are compactly summarized in ten clauses.

(1) Addicted to pleasure.

(1-1) Comfortable. Try to make it easier. laze. Try to get rid of it.

(1-2) Pleasant feeling. It feels good. Have sex. Eat a lot of delicious food. Try to smell good. Addictive to tobacco and drugs.

(2-Main) Violation. Fail.

(2-sub) Hide. They try to hide their reputation, their failures and violations externally.

(3) Be jealous. envy. Pull the foot of the person trying to go up.

(4) I am proud of myself. He is proud (high pride).

(5) Push yourself away and advertise yourself. Push yourself to the front. Dominate others.

(6) Discard. Do not help those in need. Dispose of others.

(7) Betray. Turn over. Communicate closely. lie.

(8) No consideration. Do what you hate. Mean. Bullying the weak.

(9) Predatory. Steal.

(10) Kill organisms and humans. Destroy useful things.

2008.09 First appearance

# Stratification of human nature

The nature and characteristics of human beings are constituted by the deposition of the following layers.

↑ Upper layer

□ Human layer (surface layer)

□ Animal layer

□ Biological layer

.Material layer (base layer)

↓ Lower layer

It is conceivable that human characteristics as a substance include, for example, weight.

The characteristics of human beings as living organisms include, for example, having genes or breathing.

One of the characteristics of humans as animals is that they move, for example.

Given this, it can be said that it is quite difficult to find the unique nature and characteristics of humans that no other animal has. There is a religious opinion that conscience and common animals do not exist but only humans, but for example, watching a video where cats give each other food, it seems that non-human animals such as cats also have conscience. It is. To solve this problem, it is necessary to clarify the social psychology of non-human animals (including insects and moving creatures as animals).

2019.09 First appearance

## **About conscience**

2008.09-2008.11 first appearance

1. Is your conscience innate or acquired?

If you do something bad, you will want to guilty. There is a conscience.

Is your conscience innate or acquired?

(Theory 1)

Acquired, I was scolded that this was not the case, and I learned later, so I feel remorseful. Conscience does not exist by nature. If you leave a child without scolding, you will be a selfish, selfish person.

If others do bad things (pain or damage), they will feel pain and injuries in their minds and bodies. However, if you do the same (retaliation), you realize that you have a negative infinite chain. I restrain myself not to do anything terrible. This is the source of conscience.

(Theory 2)

If you grow up in a greenhouse and don't get terrible from others, you'll become a friendly little kid and a young lady who will trust and doubt others.

Is personality and conscience related? (1) Not relevant. Conscience can only be born if you have the experience of being terrified by others. (2) There is a relationship. People who have been warmly treated by others think that others are good people and fundamentally believe in them. Such fundamental trust in others becomes a source of conscience. Fundamental trust in others initially arises from parent-child relationships (parent-child mutual trust). When parents are warm and treat their children with care and care for the children, they create trust and empathy for others and lead to the development of conscience. The ground where such conscience arises is inherently prepared for human beings.

If you see others suffering with terrible eyes, you will not think anything without empathy.

Conscience requires sympathy and emotional sharing with others. You need the ability to turn back and feel what others think of you doing this. You need the ability to think



from the standpoint of others. Is the ability to sympathize innate?

Self-control and limiters are acquired through learning.

2. Brain activity monitoring helmet, hair band and conscience

At present, it is difficult for a person's inner heart to see from the outside.

No matter what evil intentions, such as murder or fraud, the appearance of a strange face makes this person seem like another bad person.

Therefore, human beings tend to hide invisible and do bad things.

What he has devised to play a role in constantly monitoring such a person's inner heart and guiding them to avoid doing evil is the so-called God in religion.

Nowadays, trying to maintain self-esteem by relying on the external, virtual mighty beings to try to prevent self-control and to do evil things by constantly thinking of being watched by God, Up to human beings.

However, God is merely a product of human opportunism created by human beings, and does not actually exist. It is an effective thing as far as religion is concerned, and it is thought that its effectiveness will suddenly disappear if the religion becomes weaker due to the development of science. In that case, it would be difficult for a human who has lost an external observer called God to maintain a conscience inside.

So, in the age of science, what could be considered as a mechanism to monitor the inner mind of human beings and maintain a conscience?

One possibility is to use machines and hardware such as MRI , a cerebral blood flow pattern reader, and a neural circuit activity reader that read the activity of a specific part of the human brain to the whole . In short, the hardware that monitors the activity of the human brain is made as small and power-saving as possible, with light helmets, hairbands, solar cells and lightweight rechargeable battery bases, which are worn by individuals anytime, anywhere, even when sleeping That is what mankind is obliged to do by universal law.

By wearing a brain activity measurement, a monitoring helmet, and a hair band, when a person takes a certain idea, it checks that he has held that idea and puts it on a lamp attached to the helmet or a remote monitor, This can be displayed. The mental state of others can be seen over the air with a headset.

In other words, if a human lie, the brain activity monitoring helmet reads a unique sign that appears in the activity of the brain when the lie is made, displays it on the surroundings with a lamp, radio wave, etc. It is. The accuracy of a lie detector, which used to measure skin, is improved by measuring brain activity.

Or, for those who have evil and dangerous thoughts like murder or fraud, the helmet reads the characteristic signs and patterns that appear on the activity of the brain when having such evil thoughts, Be able to openly inform people. Of course, you build and maintain an information system so that your business partners across the Internet and telephone are properly notified.

Or, if you use a helmet to detect the inner soul of a person who is angry and excited, you will be in a bad mood and get terrible when approaching this person. To make it understandable.

With a helmet, he specially senses the uneasiness of a person who has committed a crime and who has a strange face and does not want to be exposed, and he is a criminal who hides and does bad things, , It may be made to be understood remotely from the surroundings. Combined with the helmet's brain monitoring and GPS location information, you may be able to tell people around you if you want to do something bad and hide in the town.

On the other hand, for those who have a good idea of helping people, feeling peaceful, or having a good idea, read from the brain activity that they have such a good idea, this person is not a dangerous person, please feel relieved or have a good idea It may be a good idea to collect conscience and good intentions, and if you accumulate a lot, you are a virtuous saint.

In short, the brain activity monitoring helmet measures and checks the state of mind in the brain, thereby functioning as a monitor of the inner heart of the human being, and prompting the human to develop a conscience. In that regard, the traditional guard, God, is no longer needed, and religion is no longer needed. Advances in brain science can overcome religion and God. This is a kind of scientific revolution.

By mandating the use of a helmet, it is possible to determine that a person who does not wear a helmet is a dangerous person who cannot wear a helmet as it is because he has a malicious intent in himself.

Of course, there is a trade-off with privacy. Leaving all of a person's brain activity open to the outside through a helmet is a violation of privacy. Helmet wearers will have the same problems as those suffering from schizophrenia suffering from the belief that all their inner thoughts leak out. So, at least, at first, it might be better to build a helmet that focuses on the ability to externally notify individuals that they have malicious intent and detect them.

2008 First appearance

## **There is no afterlife**

-Nervous system and soul-

2008.09 First appearance

Soul ( spirit ), the nervous system activity to that state, that is a collection of electrical impulses firing-transmission through the upper neural.

The soul can be broken down into individual neural circuits.

In that respect, the soul can be said to exist not only in humans but also in animals with nervous systems in general.

For example, an insect such as a kana bun can be said to have a soul as long as it has a built-in nervous system.

Or appliances like TVs and PCs can be said to be alive and soulful when powered on. This is because current is flowing through the electric circuit alive.

Dying is the same as stopping the impulse or current from flowing on the nervous system or electric system, or turning off electricity.

An appliance dies each time it is unplugged (if it has a built-in battery, it can be completely killed by removing the built-in battery at the same time).

In the case of living organisms or humans, death when oxygen is no longer sent to the nervous system or physical destruction of the brain inactivates the nervous system, stops transmitting electrical impulses, and becomes cold and immobile. become.

The soul is an electrical being, disappears on the spot when it dies, and does not rise to heaven alone. In that respect, the world after death does not exist in heaven or hell.

Where is the soul of a dead person? Does not exist anywhere. It is considered that the nervous system disappeared at the same time as the cessation of activity.

The religions of the world, which presuppose the existence of a postmortem world, should be changed to the contents of this world that make the postmortem world nonexistent.

2008 first appearance